

Food and Wine



Watch celebrated chefs prepare signature dishes. Learn their secret cooking techniques. Sip and savor your way through some of the world's greatest food and wine regions. You can enjoy elegant dinners and wine-tastings as well as practice your own cooking skills as Regent Seven Seas Cruises delves into the world of food and wine.

Spotlight is on Food, Wine and Music

As we navigate through exotic regions, one can't help but dive into the wonders of the food, wine and music of the area. Guest culinary experts will share techniques and knowledge through lectures and demonstrations, from learning the delicacies of the area to enjoying a rum punch under the stars. It's all yours to discover as Regent Seven Seas turns the spotlight on Food, Wine and Music.



Ft. Lauderdale to Ft. Lauderdale
on Seven Seas Navigator
11 Nights - Departs February 23, 2009
Starting at Â£2,280.00

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Southampton to Monte Carlo
on Seven Seas Voyager
11 Nights - Departs September 07, 2009
Starting at Â£2,950.00

[View Cruise](#)



Ft. Lauderdale to Ft. Lauderdale
on Seven Seas Navigator
12 Nights - Departs March 11, 2009
Starting at Â£2,640.00